



## **Sudbury & District Swimming Club**

(Affiliated to ASA East Region)

### **13th Masters Valentines Open Sprint Meet**

(Under ASA Laws and Technical Rules)

**Saturday 16<sup>th</sup> February 2008**

**Kingfisher Leisure Pool, Sudbury, Suffolk**

We would like to invite all Masters swimmers (Aged 17 years plus) to take part in our 13<sup>th</sup> Valentine Master's Meet. Please find attached

A Schedule of Events

Conditions of Entry

Entry Form

Feel free to photocopy and pass on to other swimmers who may be interested. If you have any queries please do not hesitate to contact:

Brian Allen, 30 Church Lane, Toppesfield, Essex CO9 4DS Tel: No. 01787 237191 or

[www.sudburyswimming.org.uk](http://www.sudburyswimming.org.uk)

### **Event Schedule**

#### **Session 1**

Warm Up 13.30 to 13.45

Start 14.00

#### **Session 2**

Warm Up to be advised

Start tba.

Event 1	Ladies 200m Freestyle	Event 7	Ladies 100m Individual Medley
Event 2	Men's 200m Freestyle	Event 8	Men's 100m Individual Medley
Event 3	Ladies 50m Butterfly	Event 9	Ladies 50m Breaststroke
Event 4	Men's 50m Butterfly	Event 10	Men's 50m Breaststroke
Event 5	Ladies 50m Backstroke	Event 11	Ladies 50m Freestyle
Event 6	Men's 50m Backstroke	Event 12	Men's 50m Freestyle
	<b>Interval</b>	Event 13	Mixed 50m Freestyle Cannon Relay